

# **Run name**

[date] – [ ]am for [ ]am departure

This run starts at [ ].

The run covers approximately [ ]km and will take about [ time ] with [ # ] rest break.

This is NOT a fast run – enjoy the winding roads and the scenery.
Drive to the conditions, and at your comfort level.

*Beware of cyclists, wildlife, debris on road, local traffic and slow drivers.*

***Starting point:* location
–**street location

***End point:* location *(eg, name of pub or park)***

***Radio:* UHF channel 55**

***Run leader:* [name] – [mobile number]**

**[Insert screen shot of route from Google maps]**

*…/2*

– 2 –

**Key:** SO - straight on • TL - turn left • TR - turn right • VL - veer left • VR - veer right

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| ***Odo*** | ***Action*** | *Detail* | ***Travel*** |
| **Meeting point** | **Location (eg: McDonald’s Bayswater North)**detailed location (if required) |  |
| **Re-set odometer as you leave the carpark. *[It’s approx. [ xx ] minutes to regroup stop]*** |
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| **Leg-stretch / toilet stop – approx. [ xx ] minutes** |

…/3

– 3 –

**Key:** SO - straight on • TL - turn left • TR - turn right • VL - veer left • VR - veer right

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| **Part 2 – approx. [ xx ] minutes** |
|  |
| ***Odo*** | ***Action*** | *Detail* | ***Travel*** |
| **Re-set odometer as you exit the carpark** |
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| **Parking:** • [instructions, if required] |